



Demystifying Pediatric Neurology *Démystifier la neurologie pédiatrique*

February 8, 2023 – Virtual / 8 février 2023 – Virtuel

AGENDA

Wednesday, February 8, 2023

7:30 - 8:00 **SIGN-IN, VISIT EXHIBITORS**

8:00 - 8:10 **Introduction to the Programme**

Maryam Oskoui, MD, MSc (Epi), FRCPC, FAAN (she/her/elle)

Director, Division of Pediatric Neurology, Montreal Children's Hospital, MUHC, Montréal, QC

8:10 - 8:50 **Paroxysmal Events - To Seize or Not to Seize**

Elisabeth Simard-Tremblay, MD, FRCPC, CSCN (EEG)

Pediatric Neurologist / Epileptologist, Division of Pediatric Neurology, Montreal Children's Hospital, MUHC, Montréal, QC

Distinguishing epileptic seizures from benign variants in childhood can be challenging. This presentation will review common childhood seizure types in a case-based approach.

8:55 - 9:35 **EEG Reports Decoded**

Bradley Osterman, MD

Pediatric Neurologist, Division of Pediatric Neurology, Montreal Children's Hospital, MUHC, Montréal, QC

This presentation will provide an overview of different electroencephalography examination types available, decode the common language used in the reports and provide practical advice on next steps for patients.

9:40 - 10:20 **My Head Hurts - Approach to Headache**

Kenneth Myers, MD, PhD, FRCPC, CSCN (EEG)

Pediatric Neurologist, Division of Pediatric Neurology, Montreal Children's Hospital, MUHC, Montréal, QC

This presentation will review common headache syndromes in children, and discuss medical and non-medical treatment options.

10:20 - 10:40 **BREAK AND VISIT EXHIBITS**

10:40 - 11:20 **Approach to the Floppy Infant**

Hugh McMillan, MD, M.Sc.

Pediatric Neurologist, Division of Pediatric Neurology, Montreal Children's Hospital, MUHC, Montréal, QC

This presentation will provide means to differentiation between central and peripheral causes of hypotonia. It will review common and treatable causes of hypotonia in childhood.

11:25 - 12:05 **I Like to Move It Move It! Is it a Tic or Something Else?**

Marie-Emmanuelle Dilenge, MD, FRCPC

Pediatric Neurologist, Centre de santé Meraki, Montréal, QC



COURSE AGENDA – Wednesday, Feb. 8 (cont'd)

Tics are a common cause of hyperkinetic movement disorder in childhood. This presentation will review common movement disorders in childhood including the diagnostic criteria for tic disorders including Tourette syndrome, and provide a practical approach to counseling and management. It will also briefly touch on movement disorders that could mimic tics and on the treatable causes of tics.

12:05 - 13:05 LUNCH BREAK, VISIT EXHIBITS

13:05 - 13:45 **Act sooner rather than later: The *Agir Tôt* Programme for Children with Developmental Concerns**

Maia Aziz, t.s.p.

Head of Allied Health Services, Montreal Children's Hospital, MUHC, Montréal, QC

We will demystify the functioning of the *Agir Tôt* program and share the available resources available to children with developmental concerns.

13:50 - 14:30 **A Common Sense Approach to Early Childhood Developmental Delay**

Michael Shevell, MD, CM, FRCP, FCAHS

Pediatric Neurologist, Division of Pediatric Neurology, Montreal Children's Hospital, MUHC, Montréal, QC

Developmental delay is a common cause for caregiver concern prior to the age of 5. This presentation will emphasize a pragmatic approach to this problem; How to accurately recognize delay? How to categorize? When and to whom to refer? What tests to do pending formal assessment? The overall goal will be to improve the provision of expeditious formal diagnosis and appropriate interventions for these children.

14:35 - 15:15 **The ABCs of DCD**

Melanie Bazin, BSc

Occupational Therapist, Allied Health Services, Montreal Children's Hospital, MUHC, Montréal, QC

This presentation will review the diagnostic criteria for Developmental Coordination Disorder, highlight its evolution, prognosis and differential diagnosis, provide guidance on next steps for a child with suspected DCD, and highlight available resources in clinic to support children with DCD in their activities.

15:15 - 15:35 BREAK AND VISIT EXHIBITS

15:35 - 16:15 **Autism or Introvert? How to Recognize the Phenotypic Spectrum**

Rebecca Simon, PhD

Psychologist, Clinique Spectrum, Montréal, QC

This talk will focus on what physicians can do in the office to identify signs of ASD and how they can get the ball rolling toward appropriate services. Particular focus will be placed on more subtle presentations of ASD in girls, teens, and other specific populations.

16:15 - 16:20 **Wrap-Up**

Maryam Oskoui, MD, MSc (Epi), FRCPC, FAAN

Elisabeth Simard-Tremblay, MD, FRCPC, CSCN (EEG)

Thank You • Merci!